

Stonehearth Open Learning Opportunities

Wilderness and Emergency Medicine Schools <u>P.O. Box 3150, Conway, NH 03818</u>

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Wilderness First Aid

Response and Assessment

- Anatomy of a Wilderness Crisis
- Universal Precautions
- Patient Assessment System
- Rescue Plan
- Patient Lifting and Moving Techniques

<u> Trauma – Musculoskeletal Injuries</u>

- Anatomy of the Musculoskeletal System
- Sprains and Strains
- Principles of Fracture Care
- Spinal Cord Injury Management

Environmental Emergencies and Survival Skills

- The Human Animal
- Cold Related Injuries
- Heat Related Injuries
- Backcountry Essentials

Soft Tissue Injuries and Medical Emergencies

- Trauma Soft Tissue Injuries
- Medical Emergencies and Critical Care